



Start Presentation

1 Kings 19:1-4

When Ahab got home, he told Jezebel everything Elijah had done, including the way he had killed all the prophets of Baal.

So Jezebel sent this message to Elijah: “May the gods strike me and even kill me if by this time tomorrow I have not killed you just as you killed them.”

Elijah was afraid and fled for his life. He went to Beersheba, a town in Judah, and he left his servant there.

Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and prayed that he might die. “I have had enough, LORD,” he said. “Take my life, for I am no better than my ancestors who have already died.”

1 Kings 19:13-15, 18

...a voice came to him, and said, “What are you doing here, Elijah?”

And he said, “I have been very zealous for the LORD God of hosts; because the children of Israel have forsaken Your covenant, torn down Your altars, and killed Your prophets with the sword. I alone am left; and they seek to take my life.”

Then the LORD said to him: “Go, return on your way to the Wilderness of Damascus; and when you arrive, anoint Hazael as king over Syria.

Yet I have reserved seven thousand in Israel, all whose knees have not bowed to Baal, and every mouth that has not kissed him.”



DOOR OF LIFE SUNDAY SERVICE

CLIMBING OUT THE PIT OF SELF-PITY



Getting IN The Pit

People Don't Understand

James 3:13-16

Who is wise and understanding among you? Let him show by good conduct that his works are done in the meekness of wisdom.

But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth.


This wisdom does not descend from above, but is earthly, sensual, demonic. For where envy and self-seeking exist, confusion and every evil thing are there.

Ephesians 4:31-32, Hebrews 12:15

Lay aside bitter words, temper tantrums, revenge, profanity, and insults.

But instead be kind and affectionate toward one another. Has God graciously forgiven you? Then graciously forgive one another in the depths of Christ's love. [TPT]

Watch over each other to make sure that no one misses the revelation of God's grace. And make sure no one lives with a root of bitterness sprouting within them which will only cause trouble and poison the hearts of many. [TPT]



Getting IN The Pit

God Doesn't "Understand"

Ephesians 4:29-30

And never let ugly or hateful words come from your mouth, but instead let your words become beautiful gifts that encourage others; do this by speaking words of grace to help them.

The Holy Spirit of God has sealed you in Jesus Christ until you experience your full salvation. So never grieve the Spirit of God or take for granted his holy influence in your life.

Hebrews 12:5-6, 13

My child, don't underestimate the value of the discipline and training of the Lord God, or get depressed when he has to correct you.

For the Lord's training of your life is the evidence of his faithful love. And when he draws you to himself, it proves you are his delightful child.

Make straight paths for your feet, so that what is lame may not be dislocated, but rather be healed.



Climbing OUT The Pit

A Thankful Heart

Psalm 42:5-6a

Why are you down in the dumps, dear soul?

Why are you crying the blues?

Fix my eyes on God—soon I'll be praising again.

He puts a smile on my face.

He's my God.

**When my soul is in the dumps, I rehearse
everything I know of you...**

[Message]

Colossians 3:1-3

If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. Set your mind on things above, not on things on the earth. For you died, and your life is hidden with Christ in God.



Climbing OUT The Pit

A Trusting Heart

1 Peter 2:21-23

For God called you to do good, even if it means suffering, just as Christ suffered for you. He is your example, and you must follow in his steps.

He never sinned, nor ever deceived anyone. He did not retaliate when he was insulted, nor threaten revenge when he suffered.

He left his case in the hands of God, who always judges fairly.

Romans 12:19-21

Beloved, don't be obsessed with taking revenge, but leave that to God's righteous justice. For the Scriptures say: "If you don't take justice in your own hands, I will release justice for you," says the Lord.

And: If your enemy is hungry, buy him lunch! Win him over with kindness. For your surprising generosity will awaken his conscience, and God will reward you with favor.

**Never let evil defeat you, but defeat evil with good.
[TPT]**

Philippians 4:6-8

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Climbing Out The Pit of Self-Pity

- **Getting IN The Pit**
 - People Don't Understand
 - God Doesn't "Understand"
- **Climbing OUT The Pit**
 - A Thankful Heart
 - A Trusting Heart



DOOR OF LIFE SUNDAY SERVICE

CLIMBING OUT THE PIT OF SELF-PITY

The End

The background features abstract geometric shapes in various shades of gray. On the left, a solid gray trapezoidal shape is partially visible. On the right, there is a complex arrangement of overlapping, semi-transparent gray polygons and lines, creating a layered, architectural effect.